

FIRST RESPONDERS:

Resilient Minds for Chaotic Times



March 9 · 1-2:30pm EST

 Zoom Webinar

Presented by
Dr. Stephanie M. Conn
Licensed Psychologist/Author

ABOUT THE WEBINAR

This webinar will describe how first responders can develop a resilient mindset to cope with the turbulence of anti-police sentiment and a pandemic, in addition to the normal traumas and stressors of the job.

ABOUT THE PRESENTER

Dr. Stephanie Conn is a former police officer, as well as the daughter and wife of police officers, and currently works as a Licensed Psychologist in private practice, specializing in police stress, trauma, work-life balance, coping, and resilience. She supports first responder agencies with CISM, peer support, and mental health training. She has 22 years of experience working in the first responder field. She is the author of *Increasing Resilience in Police and Emergency Personnel*.

REGISTRATION: summitbhc.com/events

No Approved CE Credit Provided
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Ranch at Dove Tree & Mountain Laurel Recovery Center are honored to offer First Responder specific programming for substance use disorder residential treatment.

WANT MORE INFORMATION? CONTACT:

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